



BreastfeedSJC

Breastfeeding Coalition of San Joaquin County

GUIA DE RECURSOS SOBRE LACTANCIA MATERNA

BREASTFEEDING RESOURCE GUIDE

Guía de recursos sobre lactancia materna. Ayuda en el condado de San Joaquin

Help in San Joaquin County

#BREASTFEEDSJC IS HERE TO HELP!

Breastfeeding is a special gift only you can give your baby. Information and support make learning to breastfeed easier. Call today!

*La lactancia materna es un regalo especial que solo usted puede darle a su bebe.
La informacion y el apoyo hacen que aprender a amamantar sea mas facil. ¡Llama hoy!*

Breastfeeding Support & Mom Groups

CONSULTORAS DE LACTANCIA PROFESIONALES

WIC SUPPORT GROUPS

Community Medical Centers, Inc.

(209) 870-5000

"Breastfeeding Chat"

Virtual-Wenesdays-1:00 PM

"Charlas Sobre Lactancia" -en Espanol

Virtual-Miercoles-3:00 PM

Delta Health Care

(209) 477-0378 Stockton

(209) 370-6850 Lodi

"Moms Helping Moms"

Lodi-Thursdays-11:00 AM

Stockton-Tuesdays 10:30 AM

Stockton- Wednesdays-1:30 PM

"MAMAS Unidas-en Espanol"

Lodi-Jueves- 2:00 PM

Stockton-Viernes-10:30

LA LECHE LEAGUE GROUPS

<http://llnocal.org>

La Leche League of Stockton / Lodi

Visit their Facebook for more meeting info or call a Leader:

Ashley (209) 470-9893

ashley.owens161@gmail.com

COMMUNITY SUPPORT GROUPS

Delta Health Care SistaCoach

"My Sista's Keeper"

For Black Moms & Babies

Virtual- 2nd Wednesdays-10:30am

(209) 751-3908

HOSPITAL SUPPORT GROUPS

Adventist Health Lodi Memorial

"TLC"-The Lactation Club

800 S. Lower Sacramento Rd.

Tuesdays & Fridays-10:00 AM

(209) 339-7872

Dignity Health St. Joseph's Medical Center

Mother Baby Breast Connection

Wednesdays-1:00-3:00pm

(209) 943-8719



Breastfeeding Helplines

LINEA DE AYUDA PARA LACTANCIA

LOCAL

Kaiser Permanente -Members Only
Warmline- Mon-Fri 8am-4pm w/ option for voicemail
(209) 839-6319

Adventist Health Lodi Memorial
Breastfeeding Support Warmline
(209) 339-7872

San Joaquin General Hospital
(209) 468-6460

Sutter Tracy Community Hospital
Baby Bungalow
(209) 833-2419

Dignity Health St. Joseph's Medical Center
Breastfeeding Support Warmline
(209) 943-8719



FOLLOW US!
#breastfeedsjc
FACEBOOK • WEBSITE • INSTAGRAM • TWITTER





BREASTFEEDING RESOURCE GUIDE

Guía de recursos sobre lactancia materna. Ayuda en el condado de San Joaquin
Help in San Joaquin County

PROFESSIONAL LACTATION CONSULTANTS (IBCLC)

CONSULTORAS DE LACTANCIA PROFESIONALES

Hospital Lactation Services

Servicios de Lactancia en Hospital

Adventist Health Lodi Memorial

(209) 339-7872 for appointment

Sutter Tracy Community Hospital

(209) 833-2419 for appointment

Dignity Health St. Joseph's Medical Center

(209) 943-8719

San Joaquin General Hospital

(209) 468-7035

Kaiser IBCLC Services

Kaiser Permanente- Members Only

Mon-Fri 8am-4pm w/ option for voicemail

(209) 839-6319

WIC IBCLC Services

Ofrece servicios en español

San Joaquin County Public Health Services

(209) 468-3280

Community Medical Centers, Inc.

(209) 870-5000

Delta Health Care

(209) 477-0378

Community IBCLC Services

Delta Health Care SistaCoach

For SistaCoach program participants

(209) 751-3908

Private Practice IBCLCs

Serving San Joaquin County

Services offered vary, please contact individual provider for details.

Ann-Marie Christian, IBCLC

Nurturing Circles Lactation

(209) 800-5833

Brandi Gates, IBCLC

Breast Friends Lactation

(510) 372-3026

Kaitlyn Valencia, RN, IBCLC

Wild Honey Lactation

(209) 425-1510

Kim Hunter, IBCLC

(209) 884-0541

PRENATAL BREASTFEEDING CLASSES

CLASES DE LACTANCIA PRENATALES

Hospital Classes

Adventist Health Lodi Memorial

(209) 339-7872

Dignity Health St. Joseph's Medical Center

(209) 467-6331

San Joaquin General Hospital

(209) 468-7035

Outpatient Classes

Kaiser Permanente- Members Only

(209) 476-3299 Stockton

(209) 824-5070 Manteca

WIC Program Classes

Ofrece servicios en español

San Joaquin County

Public Health Services

Serving Stockton & Manteca

(209) 468-3280

Community Medical Centers, Inc.

(209) 370-1750 Lodi

(209) 870-5000 Stockton

(209) 229-7800 Tracy

Delta Health Care

(209) 370-6850 Lodi

(209) 444-8600 Stockton

HUMAN MILK BANK- Breastmilk Donation

Banco de leche Materna- Donacion de Leche Materna

Mother's Milk Bank

1-877-375-6645

Se habla español

www.mothersmilk.org

UC Health Milk Bank

(858) 249-MILK (6455)

health.universityofcalifornia.edu/patient-care/milk-bank

For more information and Links to these services and other great breastfeeding websites, visit us at BreastfeedSJC.org

Para mayor informacion de esta y otras estupendas paginas web sobre la lactancia visitenos en BreastfeedSJC.org

